



SPIRITUAL GROWTH REVIEW

The Fruit of the Spirit Is...



THE SECRETS OF BEING FRUITFUL

Memory Verse for this week: *“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”* Colossians 3:12

1. Who is the most kind person that you’ve ever met? What have they done to make you picture them as kind?
2. Consider **Ephesians 4:32**. Do you have a story about how the kindness of God touched your life in a significant way?
3. What are some of the examples that we see in scripture of people who demonstrated unusual kindness?
4. Read **Proverbs 11:17**. It feels good to both give and receive kindness! What is it about kindness that makes such an impact upon our hearts?
5. Look at **Proverbs 21:21**. Is it easy for you to be friendly? Would others say that you are a friendly person? Why or why not?
6. Read **Romans 2:4**. How does kindness lead people to repentance?
7. Every encounter with other people is an opportunity to minister to them. We might even say that each person we talk to is a divine appointment. Would you agree with this? Explain your answer.

8. Some people are kind and others are not. What is it that makes people kind? Do you think that it's in their genetics or is it learned through experience?
9. Consider **Proverbs 18:16**. A gift is one way to make a friend through kindness. What are some other easy acts of kindness that anyone can do to bless others?
10. What is the difference between being nice and being kind? Why is kindness more powerful than being nice?
11. Are there certain people or types of people that you find difficult to be kind to? What is it that makes some people difficult for us to show kindness?
12. Look at **Luke 6:35** and **1 Peter 3:8-9**. What is the key to showing kindness to our enemies? Do we just fake it or is it possible to be authentic when we show kindness?
13. Aside from what Jesus did on the cross, how does God demonstrate kindness to people?
14. What is one act of kindness that you might be able to do on a regular basis (weekly, monthly, annually) for someone in need?

For this week: Every person you meet is a divine appointment and an opportunity to show kindness. Think about this idea and as you go throughout your week, see everyone as a blessing from God and do whatever you can to be kind. Every person, every day!