



Fruit Inspection Survey

You are about to complete the *Fruit Inspection Survey*. This is a tool to help you measure your spiritual growth at this point in time. Read the questions and score yourself on a level of 1-10 in the box to the left of each question, with 1 being something that you are not good at and a 10 being something that describes you well. Try not to over-think your answers and have fun with it. Let's get started!

	1. When something takes longer than I expected, I just focus on something else.
	2. I stick with people even when they push me away with their actions because of the example of Christ.
	3. I avoid letting substance abuse take control of my life.
	4. I am not envious of what others own; I am content with what God has given to me.
	5. I won't harm others, even in a small way, for my own gain.
	6. I tell people I care about what they need to hear even when it's not comfortable.
	7. I love to bring a smile to someone's face.
	8. Helping the elderly or teaching young children can be something that I enjoy.
	9. I want what God wants more than what I want.
	10. I am able to look beyond a person's behavior to see their God-given value.
	11. I love to brighten other people's day and do what I can to make them happy.
	12. I don't have a habit of flying off of the handle.
	13. My words draw people in to the love of Christ, and not push them away.
	14. I don't get anxious often about bills, relationships, health issues, or the news.
	15. I will sacrifice for what I know to be right.
	16. I try to memorize scripture and write it on my heart.
	17. I put people's needs before my own interests.
	18. I give people the benefit of the doubt when possible.
	19. I am a good steward of the resources that God has given me.
	20. I have compassion for those who are hurting.
	21. It doesn't bother me if there is no plan, as long as I spend quality time with people.
	22. I try to address challenging people with humility and patience.
	23. Life isn't perfect, but I am so grateful for the blessings that God has given.
	24. People would say that I exhibit calm in the middle of life's difficulties.
	25. I go out of my way to show others the love of God.
	26. Obeying God is more important to me than what people think of me.
	27. I'd rather have God than all of the wealth the world has to offer.
	28. I am able to teach people who have a hard time grasping things.
	29. It is a pleasure for me to bring happiness to others.
	30. I am able to wait on God's timing and don't rush ahead of His plans.
	31. I firmly believe that God can take my trials and make something good out of them.
	32. I love to do intentional good deeds for people even when I don't know them.
	33. I'm not concerned about what others think of me or if they get ahead of me.
	34. When people are irritated, I am often the one to help mediate a conversation.
	35. My core happiness is rooted in what God has done for me and not just circumstances.
	36. I am 'present' in the moment, my mind does not run to the list of things I need to do next.
	37. I want to be a tangible expression of God to all people.

38. I stand up for what is right whenever I can.
39. I regularly take time to thank God for the blessings He offers to me.
40. I ask God to help me resist temptation and avoid sin.
41. I don't let my emotions get the best of me.
42. My actions would say that I have a habit of going out of my way for others.
43. I am not worried about my future, both in this life and in the life to come.
44. People would say that I am generally a happy person.
45. I have learned to be still and set aside the need to get things done when faced with obstacles.
46. I am quick to forgive because of my understanding of how Christ forgave me.
47. I tend to think before I act.
48. It's not a problem for me to wait in traffic or a long line.
49. I believe that honesty really is the best policy.
50. I regularly spend time with God in prayer.
51. When I am angry, I am able to hold my tongue and not say things I will later regret.
52. I am able to help people who are angry to calm down.
53. When I wake up, I feel excited about what the day will bring!
54. I have more than enough; God has given me all that I need.
55. Coveting or wanting what other people have is not an issue for me; I am content.
56. It makes me happy to be a blessing to others.
57. Sometimes I feel sad, but I always find hope in what Christ has done for me.
58. I seldom feel that I am in a hurry.
59. I have a habit of reading the Bible to grow closer to God.
60. I help people to see hope in times of despair.
61. I am able to not let my anger get the best of me when I am offended.
62. I am able to keep my heart focused on God in a culture that offers pleasure.
63. I look for opportunities to help people around me.
64. I am quick to give a smile and words of encouragement when I meet people.
65. When someone has a heavy heart, I go out of my way to cheer them up.
66. I am careful not to allow anything to become an idol in my life.
67. My desire is to see God glorified above all else.
68. Lust and looking at pornography is not something I struggle with.
69. No matter what happens in the world, I am confident that God is in control.
70. I enjoy engaging with others and learning about their lives.
71. I don't have a tendency to "snap" at people when I am irritated.
72. I avoid harshness when I give instruction and correction so that people can hear it.
73. I make sacrifices with my time and resources to show people that someone cares.
74. I am not shaken by life's difficulties because I trust what God has in store.
75. I look beyond people's sin and treat them with love.
76. I am willing to engage with people's issues because I am about their growth not simply affection.
77. My decisions are not driven by fear of failure, or fear of what tomorrow will bring.
78. I stand with people even when it is hard because I know Christ stands with me.
79. I love to give gifts to others without expecting anything in return.

80. I want to see others succeed.
81. When life is difficult, I choose to focus on the good.
82. I don't tend to make rash decisions or spontaneous risks without thinking through the consequences.
83. I don't mind changing my schedule to accommodate the needs of others.
84. I try to do the right thing whenever I face moral decisions.
85. People generally consider me to be a low-stress person.
86. I value people for who they are and not what they can do for me.
87. I rarely ever waver in my faith.
88. I have no doubt that God is in complete control of my future.
89. When I pray to God, I am content to wait upon His timing.
90. I am not easily distracted from striving to know and follow God.

You're almost there! Now look below and take some time to score yourself. You'll need fill in the value for each question and then add up the total from left to right for each area. Note your strongest areas and the areas that you might need to work on. The higher the number, the better you typically are in that area. Write down your highest and lowest scores and keep them in mind as you pray about areas that you might need to grow and don't forget to celebrate the areas that you're doing well at! You might want to consider taking this survey again in the future to measure how you've been growing.

										Total Score										
$\frac{\quad}{10}$	$+$	$\frac{\quad}{17}$	$+$	$\frac{\quad}{29}$	$+$	$\frac{\quad}{42}$	$+$	$\frac{\quad}{46}$	$+$	$\frac{\quad}{6}$	$+$	$\frac{\quad}{63}$	$+$	$\frac{\quad}{73}$	$+$	$\frac{\quad}{76}$	$+$	$\frac{\quad}{86}$	Love	_____
$\frac{\quad}{11}$	$+$	$\frac{\quad}{23}$	$+$	$\frac{\quad}{31}$	$+$	$\frac{\quad}{35}$	$+$	$\frac{\quad}{44}$	$+$	$\frac{\quad}{53}$	$+$	$\frac{\quad}{57}$	$+$	$\frac{\quad}{65}$	$+$	$\frac{\quad}{74}$	$+$	$\frac{\quad}{81}$	Joy	_____
$\frac{\quad}{14}$	$+$	$\frac{\quad}{24}$	$+$	$\frac{\quad}{33}$	$+$	$\frac{\quad}{39}$	$+$	$\frac{\quad}{4}$	$+$	$\frac{\quad}{43}$	$+$	$\frac{\quad}{54}$	$+$	$\frac{\quad}{68}$	$+$	$\frac{\quad}{77}$	$+$	$\frac{\quad}{88}$	Peace	_____
$\frac{\quad}{1}$	$+$	$\frac{\quad}{21}$	$+$	$\frac{\quad}{28}$	$+$	$\frac{\quad}{36}$	$+$	$\frac{\quad}{45}$	$+$	$\frac{\quad}{48}$	$+$	$\frac{\quad}{58}$	$+$	$\frac{\quad}{71}$	$+$	$\frac{\quad}{8}$	$+$	$\frac{\quad}{89}$	Patience	_____
$\frac{\quad}{18}$	$+$	$\frac{\quad}{21}$	$+$	$\frac{\quad}{32}$	$+$	$\frac{\quad}{37}$	$+$	$\frac{\quad}{56}$	$+$	$\frac{\quad}{64}$	$+$	$\frac{\quad}{7}$	$+$	$\frac{\quad}{70}$	$+$	$\frac{\quad}{79}$	$+$	$\frac{\quad}{83}$	Kindness	_____
$\frac{\quad}{15}$	$+$	$\frac{\quad}{26}$	$+$	$\frac{\quad}{38}$	$+$	$\frac{\quad}{49}$	$+$	$\frac{\quad}{5}$	$+$	$\frac{\quad}{60}$	$+$	$\frac{\quad}{67}$	$+$	$\frac{\quad}{80}$	$+$	$\frac{\quad}{84}$	$+$	$\frac{\quad}{9}$	Goodness	_____
$\frac{\quad}{16}$	$+$	$\frac{\quad}{2}$	$+$	$\frac{\quad}{27}$	$+$	$\frac{\quad}{40}$	$+$	$\frac{\quad}{50}$	$+$	$\frac{\quad}{59}$	$+$	$\frac{\quad}{62}$	$+$	$\frac{\quad}{66}$	$+$	$\frac{\quad}{78}$	$+$	$\frac{\quad}{87}$	Faithfulness	_____
$\frac{\quad}{13}$	$+$	$\frac{\quad}{20}$	$+$	$\frac{\quad}{22}$	$+$	$\frac{\quad}{34}$	$+$	$\frac{\quad}{47}$	$+$	$\frac{\quad}{52}$	$+$	$\frac{\quad}{61}$	$+$	$\frac{\quad}{72}$	$+$	$\frac{\quad}{75}$	$+$	$\frac{\quad}{85}$	Gentleness	_____
$\frac{\quad}{12}$	$+$	$\frac{\quad}{19}$	$+$	$\frac{\quad}{3}$	$+$	$\frac{\quad}{30}$	$+$	$\frac{\quad}{41}$	$+$	$\frac{\quad}{51}$	$+$	$\frac{\quad}{55}$	$+$	$\frac{\quad}{68}$	$+$	$\frac{\quad}{82}$	$+$	$\frac{\quad}{90}$	Self-Control	_____