



# SPIRITUAL GROWTH REVIEW

*The Fruit of the Spirit Is...*



## THE SECRETS OF BEING FRUITFUL

**Memory Verse for this week:** *“The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name’s sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.” Psalms 23*

1. What is goodness? What would the world say that goodness is? What is a biblical definition?
2. Consider **Ephesians 5:8-13**. Referring to our definition of goodness, what is righteousness?
3. In **Matthew 19:17**, **Mark 10:18** and in **Luke 18:19** Jesus said that “No one is good except God alone.” How can we be “good”. Is it even possible?
4. How is goodness different from kindness?
5. Look at **Romans 15:14** and **2 Thessalonians 1:11**. Is goodness something that we are or something we do?
6. Read **2 Samuel 9**. Why are David’s actions so out of the ordinary? What makes his gesture “good”?

7. Why didn't David treat Mephibosheth like other kings would have?
  
8. Put yourself in Mephibosheth's shoes. How would you feel after being summoned by the king? How would you feel after hearing the king's intentions?
  
9. David and Jonathan made a covenant to one another. Read **1 Samuel 20:16-17**. What is a covenant? How have we entered into a covenant with God? How should this affect our daily living?
  
10. How do you feel about your self worth? How should we feel about our self worth? Should we humbly recognize that we are nothing?
  
11. What are some examples of goodness from scripture?
  
12. Can you think of other people in history who have lived out goodness? What person (or actor, character, leader, etc.) have you seen display an ideal picture of goodness?
  
13. Read **Philippians 1:4-6**. Is bearing the fruit of the Spirit something we do or something only the Spirit of God can do? Is it us or God that does the work?
  
14. What are the effects of goodness?

**For this week:** What a blessing it is to know someone who is truly "good". It seems to be a rarity these days. What do you need to remove from your life that is bad? Remember your commitment to God and His to you. Pursue goodness with all your might! (Mt. 5:48)

