



# SPIRITUAL GROWTH REVIEW

*The Fruit of the Spirit Is...*



## THE SECRETS OF BEING FRUITFUL

1. Read **Galatians 5:13-26**. What does it mean that if we abide in the Spirit we are not under the Law?
2. What is the significance of the “fruit” being a singular fruit? Why doesn’t Paul say “the fruits of the Spirit are...”?
3. What does it mean that we have the fruit of the Spirit when we abide in Christ (v. 18)? Are unbelievers incapable of exhibiting these qualities? Consider **Romans 8:5-9**.
4. Look at **John 15:1-5**. Abiding in the Spirit is not about working harder, but resting more. How does resting help us to grow in our spiritual maturity?
5. If we aren’t supposed to work harder, what does Paul mean that we should “work out” our faith? How is this different than having a works-based faith?
6. What is the difference between “resting” in the Spirit and being spiritually complacent?
7. What is God’s purpose for us as we live out the fruit of the Spirit in our lives?

8. Look at **2 Peter 1:3-11**. Some Christians who have followed Christ for years grow older but fail to grow up in their faith. What is missing in their life that prevents them from producing spiritual fruit?
  
9. Sometimes we forget just how much God has done for us and we live like the gospel is not a big deal. How can we stir our hearts to passion? How can we prevent spiritual apathy?
  
10. Read **1 Peter 2:9**. The Church is chosen to be a “royal priesthood” and a “holy nation.” How should we relate to the world if this is our God-given role?
  
11. Growing the fruit of the Spirit in our lives takes intentional effort. What are some regular habits which you practice that help you to continue growing in your faith?
  
12. God is at work in you. Is this hard for you to believe? How have you seen God at work in your life over the last year?
  
13. Over the years God places people in our lives who model spiritual maturity. Can you think of someone who impacted your faith and what was it about them that left an impression?
  
14. The Spirit of God dwells in you. What would you say to someone who professes to know Christ but doesn’t “feel” that the Spirit is really moving in their life?

**For this week:** Please go to [www.FaithCommunityChurch.net/sgr](http://www.FaithCommunityChurch.net/sgr) and look for the “Fruit Inspection Survey.” Follow the directions and note your strengths and weaknesses. Be sure to watch the podcast on the topic of Love before your next meeting!