

Day 7

Goodness

Silence (2 minutes) Take some time to be quiet, to calm down, and to listen. What has God been teaching you? What are the next steps He wants you to take? How is your spirit doing?

Scripture *“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”* Galatians 6:9-10

Discussion Paul has just discussed the fruits of the flesh and the fruits of the Spirit. He is now addressing how to keep in step with the Spirit and sowing to please the Spirit. He tells us to do good to others. We will have opportunities to do good and we should be looking for them; expecting them. *“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do”* (Eph. 2:10). We have been saved from our sin and saved to live our lives to please the Spirit and do good to others. As we live our lives to do good, what do we see and hear from the people around us, and especially with our brothers and sisters in Christ? What are their needs? How can we do good to them?

Application God’s ultimate demonstration of His goodness was His suffering on the cross for our sins. Christ’s obedience to God’s will and His faithfulness in following after God’s plan gives us our example for goodness. Consider this week: have you grown tired in doing good? Perhaps there is an area of your life where you used to feel inspired and committed to follow hard after God’s goodness but over time you’ve grown discouraged. Ask God to show you where you need to be challenged and encouraged by His goodness to persevere and not grow tired.

Prayer Holy Spirit, I praise You that You are real and alive. You have been given to me to comfort and guide me. There are so many things on my mind that can distract me from what You want me to do today. Please help me to grow and mature in listening to and quickly obeying Your voice, Your prompting. May I see people as You see them. May I today see the needs of people and step into the opportunities You have prepared for me to do good. You are good and do good. Please change me to become more like You. Amen.

Silence (2 minutes) Talk to God about what you are learning. What are your fears? Where are your hangups? Pray for direction.

Scripture memory for the week:

“The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name’s sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.” Psalms 23

